

GEORGIA SNAP-ED

2023 Impact Report

The Georgia Division of Family & Children Services partners with HealthMPowers, Open Hand Atlanta, Georgia Department of Public Health, and the University of Georgia to provide SNAP-Ed programs in Georgia. SNAP-Ed is the nutrition education program of SNAP which aims to improve the health of low-income Georgians through nutrition education, policy, systems and environmental changes, social marketing, and access to healthy foods and physical activity where Georgians live, work, eat, learn, shop, and play.

SNAP-Ed by the Numbers

Total number served by nutrition education:

25,614

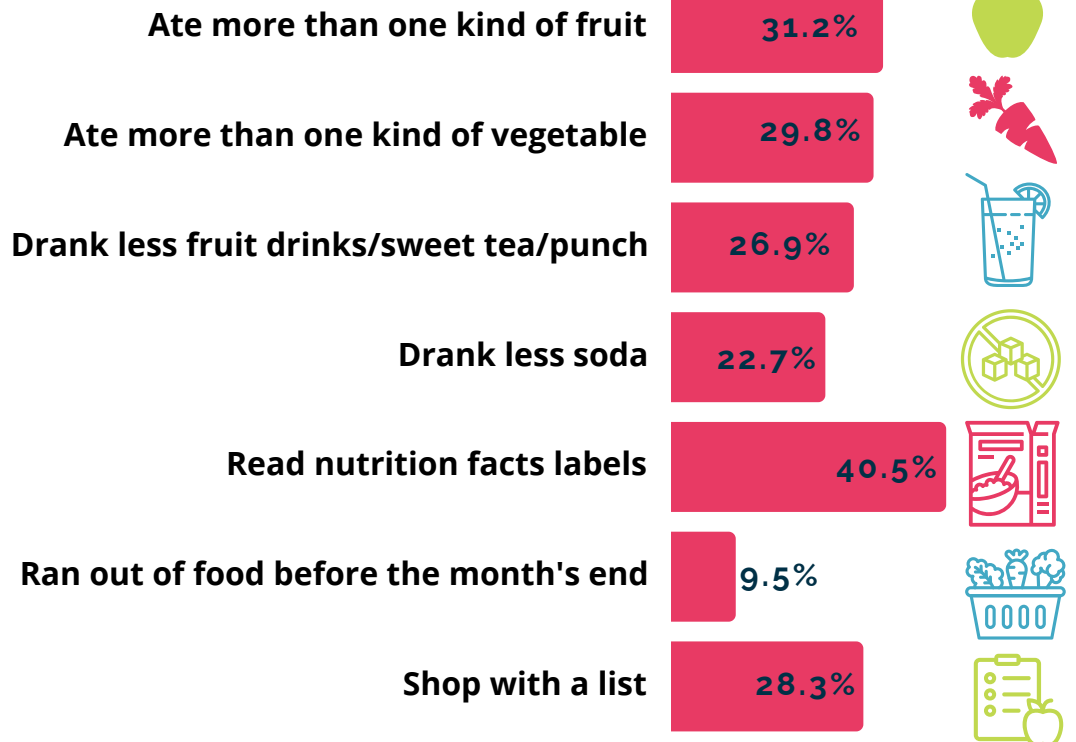
Total number of nutrition education sessions:

2,140



Direct Nutrition Education

In FFY2023, Georgia SNAP-Ed measured common evaluation indicators related to Healthy Food and Resource Management to report comprehensive program results. The following SNAP-Ed indicators were associated with significant improvements.*



% of adults who improved healthy eating and/or food resource management behaviors

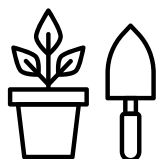
**Indicators that were significant but had negligible effect sizes were excluded.*



Policy, Systems & Environmental Changes

Policy, Systems, and Environmental (PSE) Changes include changes to the physical environment that may alter the way business is done to make the healthy choice the easy choice. Written rules, regulations, and procedures are known as policies and support healthy behavior at the organizational and local level.

Overview of Total PSE Changes



153

NUTRITION CHANGES



109

PHYSICAL ACTIVITY (PA) CHANGES



17

NUTRITION + PA CHANGES

TOP CHANGES IMPLEMENTED

4

Policy Changes

PA: Policy to increase time spent doing physical activity (n=4)

214

System Changes

NUTRITION: Professional development opportunities on nutrition (n=51)

PA: Incorporation of physical activity into the school day or during classroom-based instruction (n=38)

61

Environmental Changes

NUTRITION: Initiation, improvement, expansion, reinvigoration or maintenance of edible gardens (n=9)

PA: Opportunities for structured physical activity (n=14)

For more information, contact SNAP-Ed Program Coordinator, Latresh Davenport, MPH at Latresh.Davenport@dhs.ga.gov

TOTAL PSE CHANGES

279

PSE CHANGES REACHED

69,750

PEOPLE

CHANGES IMPLEMENTED ACROSS

187

SITES



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